

Red Male Organ: When Should You Be Concerned?

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A red male organ can be a cause for concern when it's experienced outside the bedroom and accompanied by itchiness, soreness and pain. This article explains when a red male organ may be problematic, the most common causes and their solutions.

A red-colored male organ is usually a sign that everything below the belt is in working order. However, when the discoloration is accompanied by certain discomforts, like itchiness or tenderness, it can be a red flag that something is wrong. The following outlines how to identify a problematic red male organ, the most common causes and their solutions.

When is a red male organ cause for concern?

If you're experiencing a red member outside of intimate situations, it may be an indication that there's a bigger problem. To have a red groin in the bedroom is very normal and is not a reason to worry. However, a red male organ in ordinary circumstances that is tender and sore to the touch can signal a problem. Additionally, inflammation and swelling while in a limp state are causes for concern, as well as any kind of moderate to severe pain. Rashes and other physical irritations are also atypical and may require a diagnosis.

Here are a few of the most common causes of a problematically red male organ:

1) **Excessive Use** – A very common cause of a discolored member is prolonged or aggressive intimate activity, which can cause chafing and soreness, as well as discoloration. In this instance, solving the problem is as easy as abstaining from all sensual activity, including self-pleasure, until symptoms have subsided, typically within two to 24 hours. In the meantime, a cool compress, like a chilled wet washcloth, can alleviate symptoms temporarily.

2) **Fungus** – Tinea cruris, often referred to as "jock itch," is another common culprit for a red groin. The fungus found in tinea cruris is the same as the type found in athlete's foot and thrives in warm, wet conditions, like feet and the private area. A red male organ that's accompanied by a very itchy, red, growing rash with a noticeably bumpy outline may be dealing with tinea cruris. Solving this issue is a little more involved than if your red issue is caused by overuse. Those afflicted will need to use an over-the-counter anti-fungal cream in order for the rash to go away permanently. In addition, loose, breathable clothing that allows for air circulation will help speed up recovery.

3) **Latex Allergy** – Using protection when engaging in intimate activity is always a good idea, but can present a problem when there's a latex allergy involved. Another common cause of a reddened member is an allergy to latex, one of the most common materials in rubber prophylactics. A reaction to latex is usually accompanied by burning, itching and redness and in the most severe cases, respiratory problems may appear as well. Though serious, this issue is resolved as easily as discontinuing use of latex covers. Instead, choose options made from lambskin or polyurethane. While symptoms of discomfort like redness and itching will generally recede with discontinued use of latex, respiratory problems should be handled by medical professionals.

4) Balanitis – This cause of male organ redness is most often found in uncut men. Balanitis is an inflammation of the member’s head and sheath caused by a buildup of dead skin cells and the body’s natural oils. When not cleaned regularly, these two substances can create smegma, which attracts harmful bacteria that causes redness and inflammation. Similar to tinea cruris, a special medicine will be required in order to kill the bacteria. However, the smegma can be removed simply by regularly washing the private area with water and a mild cleanser.

What to do in the meantime

The correct treatment of a red male organ is completely dependent on what’s causing this discoloration. However, no matter the reason, the symptoms of a reddened member can be temporarily alleviated by using a [male organ health cream](#) (most health professionals recommend Man 1 Man Oil) designed for the sensitive private area. Before using a health cream, be sure to properly cleanse the affected area and pat dry using a clean towel. The cream should help with unpleasant side effects of a red member while the underlying source of the problem is identified and solved.

Visit <http://www.menshealthfirst.com> for additional information on most common male organ health issues, tips on improving male organ sensitivity and what to do to maintain a healthy male organ. John Dugan is a professional writer who specializes in men's health issues and is an ongoing contributing writer to numerous websites.

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