

M.D Nathalie Fiset Comes With Medical Book on Presbyopia to Overcome the Need for Reading Glasses

Date : Feb 8, 2017

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(February 05, 2017): Life with Presbyopia means living with reading glasses until vision correction happens. However, M.D Nathalie Fiset believes that reading glasses are the worst solutions for people with the condition, which is also known as Farsightedness. Her new book, "The Big Presbyopia Lie: A retired family doctor's journey to understand and overcome the need for reading glasses" tries to help people discover the actual truth about the disorder.

This Kindle Edition book sheds light about the aging process of the eye as well as how patients can improve their vision without a need to use reading glasses, standard surgery or laser surgery. This is not another medical book on eye exercises. It is a serious book on Presbyopia, and all 142 pages of the writing helps readers to know about the condition. They can find out how they can get out of it with completely natural methods.

She maintains that eye exercises do not work, and reading glasses are worsening Presbyopia. Standard surgeries against the disorder come with risks like blindness, infection, halos, incapability to drive during the night. The book has been written simply, and in an extremely accessible form with anecdotes. It helps readers to learn much about ocular aging and the deterioration of sight.

A retired family physician, Nathalie Fiset is an M.D. She retired after she delivered more than 3,700 babies, and still conducts medical missions to assist people who are not so fortunate. Her new book is aimed at helping people with Presbyopia to get over the practice of using reading glasses and try to improve the condition of their eyes in a natural way.

The medical book is text to speech enabled, and has recently been published. For people who suffer from Presbyopia, the book can be useful in understanding how to get relief from the disease and not merely manage it with glasses.

About Nathalie Fiset

Nathalie Fiset is an M.D and has been in medical practice for 25 years. She has delivered more than 3,700 babies during her practice, and she is a proud mom to four grown-up kids. Even in third world countries, she is still conducting medical missions.

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For more information, please visit

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Contact Person & Company

Name :Ronei Daselva

Company : Ronei Daselva

Contact Numbers

Telephone No. :

Fax No.:

Handphone No. :

Website

Website 1 :

Website 2 :

Address

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